



2018 Iowa Impact After School Conference

Workshop Descriptions

Register online at <https://tinyurl.com/ImpactAS18>

Wednesday, April 25, 2018

Preconference: Poverty Simulation

Walk a mile in the shoes of a family living in poverty through this engaging and (dare we say) fun learning experience.

Thursday, April 26, 2018

Opening Keynote, Amy Speidel

Setting the Stage for Life-Long Regulation. Understand the brain based building blocks for self-regulation, and learn the skills needed to support children in acquiring tools to successfully navigate their social and emotional experiences.

Workshop Group 1

Want cooperative students? Change perspective. Amy Speidel

If a child has trouble identifying colors, we provide more opportunities to learn. If a child has trouble behaving... that's often a different story. Learn how applying positive intent and using assertiveness create long lasting changes in a way that time outs never will. By shifting to a teaching perspective toward negative behaviors, we will be able to support children in learning what to do in difficult situations so that they can be successful in future situations.

The Neuroscience of Inclusion: Addressing Unconscious Bias Supersession¹. Claudia Schabel

Organizations have worked for years to help their employees understand the value of a diverse workforce. One of the primary obstacles we face in leveraging workplace diversity is our own unconscious bias. Research suggests that we instinctively place people into categories based on their appearance, educational level, social status, job title, and so on. Right or wrong, this helps us order our world and saves us time and effort as we process information about people. However, these stereotypes—or unconscious biases—lead us to make assumptions about others. These unconscious biases can affect who is hired, promoted, and developed in the workplace, which can ultimately derail your organization's culture and diversity efforts. Participants in this session will leave with an improved understanding of how the brain functions and shapes their behaviors, both consciously and unconsciously. Participants will also explore ways to mitigate their own unconscious biases.

Humanizing Youth Experience. Dau Jok

Imagine a world where every aspect of life—education, experience, skills, knowledge, and communication—was humanized. This is the ultimate goal when working to empower and inspire youth. Session will focus on ways to prepare leaders equipped with the skills and motivation to impact society: self-improvement, grit, mindsets, and leadership.

Citizen Science Project-Based Learning with Y4Y

Citizen Science projects empower youth to have an impact on the world through Project-Based Learning. Learn how to plan and get involved in authentic, purposeful scientific research that enhances students' knowledge and 21st-century skills. Please bring a laptop, tablet or Internet-accessible device to explore Y4Y during the session.

¹ A supersession denotes a session that is two workshops back-to-back. It is not a repeating session. Rather, the information from the first session continues to the next session.

Workshop Group 2

The Art of Empathy. Amy Speidel

How children feel about the poor choices they make determines whether they learn to do it differently in the future or just become resistant to consequences. Learn to coach children through difficult emotions so that they are able to handle the disappointments inherent in poor choices.

The Neuroscience of Inclusion: Addressing Unconscious Bias Supersession². Claudia Schabel

Organizations have worked for years to help their employees understand the value of a diverse workforce. One of the primary obstacles we face in leveraging workplace diversity is our own unconscious bias. Research suggests that we instinctively place people into categories based on their appearance, educational level, social status, job title, and so on. Right or wrong, this helps us order our world and saves us time and effort as we process information about people. However, these stereotypes—or unconscious biases—lead us to make assumptions about others. These unconscious biases can affect who is hired, promoted, and developed in the workplace, which can ultimately derail your organization's culture and diversity efforts. Participants in this session will leave with an improved understanding of how the brain functions and shapes their behaviors, both consciously and unconsciously. Participants will also explore ways to mitigate their own unconscious biases.

Leveraging National Service for After School Programs. Chad Driscoll

The two resources after school programs are always seeking is funding and people power. National Service members can help you address those needs. Learn from state service commission staff and a program about utilizing AmeriCorps and Senior Corps members to increase programming capacity.

College and Career Readiness with Y4Y

What does it look like to engage youth grades K-12 in college- and career-relevant learning? Whether you serve elementary, middle or high school students, you can start building college and career readiness through hands-on activities. Learn how You for Youth (Y4Y) can support you in applying this inquiry-based approach to developing postsecondary awareness, exploration and preparation learning opportunities that match your students' interests and goals. Please bring a laptop, tablet or Internet-accessible device to explore Y4Y during the session.

Workshop Group 3

Evaluation Tips & Techniques: Data Collection, Checking, Analysis, and Reporting. Dr. James Veale, Jr.

Examples of data for GPRA and local objectives will be presented, including Iowa Assessments gain scores, proficiency/nonproficiency, and grade-level equivalents, as well as school attendance (acceptable and unacceptable levels) and anecdotal data on family engagement. Checking for missing data, extreme outliers, and out-of-range values can help detect errors in the data that may then be corrected prior to analysis. Techniques for data analysis will be illustrated with realistic data sets. Reporting tips will include suggestions for graphical, tabular, and "one-page" summaries of results.

Social Branding: How do we reach the youth that need us? Jeff Jackson

"We have built an amazing program, we have volunteers that care about youth and want to help them, we have the skill builders in place, but... we have so many empty seats and I see so many youth that our program could help." Does this sound familiar? When you care about serving youth you want to reach as many as you can that have the needs that your program meets. But getting them connected can be the greatest challenge. This session will help us learn to identify our Peer Crowds/Youth Cultures and ways to think about targeting them specifically in our advertising and programming.

The Evolution of Child Care and Where YOU Fit In. Ryan Page

Hear from DHS on the evolution of child care services in Iowa over the years and where YOU fit into the puzzle. While DHS is the regulatory authority over child care regulation and licensing, including many before and after school programs, we recognize that child care is a silent service in the community and without child care services, some families could not work or attend school and children would not have safe and nurturing places to go when they are unable to be at home. This session will advise on how participants fit into the child care system in Iowa and the critical role they play for children, families, and your community through helping the workforce of today, providing economic stability, and impacting the skills of the workforce of tomorrow.

Investing in Family Engagement with Y4Y

Engaging families in your program can be challenging but is easily worth the investment of time, energy and resources when you see the value in terms of student success. This session will explore best practices for improving and developing relationships with families. You for Youth (Y4Y) trainers will collaborate with participants to customize free resources and tools to help create a family-friendly environment, serve family needs, plan activities for engagement and solicit family input and leadership. Please bring a laptop, tablet or Internet-accessible device to explore Y4Y during the session.

² A supersession denotes a session that is two workshops back-to-back. It is not a repeating session. Rather, the information from the first session continues to the next session.

Workshop Group 4

Local Best Practices Roundtable Facilitated by the IAA

Join Iowa programs as they discuss local best practices, including attendance, family engagement, chess and poetry programming, social and emotional learning, and girls in STEM, among other topics.

Chess, STEM, Standards, and Fun: Facilitate Chess in Your Program. Stephen Schneider

Studies show chess improves math, reading and problem-solving skills, increases concentration and boosts creativity. Steve Schneider, author, teacher and proponent for scholastic chess, will discuss positive benefits chess can offer students; introduce successful methods he has developed over the past 40 years to help children learn to play chess; and share sample materials and tips. Participants will collaborate to solve and share chess problems that address specific cognitive outcomes. In guided discussion and brainstorm, participants discover ways to implement chess programs. Handouts provide puzzles and activities, guidelines for developing chess programs, and scholastic chess resources. Participants will glean detailed information about the academic and social benefits of a systematic study of chess, how to implement a successful chess program in the schools, and an understanding of the tools they will need to do so.

Pint Size Poetry. Words Taylor

Description TBA

Exploring STEM With Y4Y

STEM — science, technology, engineering and mathematics — skills are essential for all paths of education and for success in the 21st century. This session will introduce examples of Y4Y activities that aim to spark curiosity about STEM topics through inquiry and investigation. Participants will collaborate around integrating STEM skill-building into out-of-school time programs, sharing STEM learning opportunities from their programs, and exploring strategies for connecting to school-day partners and community resources around STEM. Please bring a laptop, tablet or Internet-accessible device to explore Y4Y during the session.

Friday, April 27, 2018

Workshop Group 5

Raising Independent Kids: A fun and interactive session on building resilience in children. Bill Corbett

If we could, we would probably all want to wrap our children in bubble wrap to keep them safe from harm. But the fact of the matter is that we are not always going to be around to keep our kids safe. The better approach is to teach our children how to make smart decisions on their own. Providing them with the skills for survival should be our number one daily goal.

We can do this in our daily interactions with our children; building up their skills to increase their resiliency; the ability to bounce back when bad things happen to them. This presentation will provide tools for parents and professionals on how to help children become problem solvers and independent, every moment that we are with them.

When Time-Outs Don't Work. Bobbie Jo Sheridan

Traditional consequences and lectures no longer work in programming! It's time to try a new approach for student behavior and conflict. This session will review the basic principles of Restorative Practices and how to incorporate its components into programming. Participants will learn about the Social Discipline Window and how to conduct Circles. During this sessions participants will be active in their learning and receive tools to use in their own program.

STEM-Lit To Go! Supporting Youth Investigations Through Integrated STEM and Literacy Experiences. Nicole Hanson

STEM-Lit to Go! is an innovative program designed to build STEM and literacy skills for children in kindergarten through third grade. Through a variety of engaging topics, children explore key STEM concepts such as the engineering design process and conducting investigations. Each lesson provides a hands-on STEM experience and multiple opportunities to read, write, speak and listen about that experience. STEM-Lit to Go! supports the Next Generation Science Standards and the Common Core English Language Arts Standards. Join us to find out how to bring STEM-Lit to Go! to your program! In addition, participants will learn how to develop their own high quality STEM and literacy experiences using the STEM-Lit to Go! framework.

Advocacy: Be the Voice for After School. Mary Sheka

Advocacy is informing stakeholders of issues, needs, and priorities. Learn to become a voice for after school to get what you need; like money, high-level champions, and broad public support. This workshop will provide practical information about how and why public policy advocacy is important to their program. Participants will develop an action plan for advocacy for their organization.

Workshop Group 6

"Yes, Your Teen is Crazy!" A Guide to Understanding and Connecting with Adolescents. Bill Corbett

It's been said that raising teenagers is like trying to nail Jello to a tree. That's why this highly entertaining and interactive presentation is designed to help parents understand why the body of their "once, easy to raise" child seems to have been invaded by an alien from outer space! Parents, step parents, grandparents, foster parents and even adoptive parents attending this powerful presentation instantly see their tween or teen in a different light. The result will be the ability to spend more time bonding and less time battling in the little time they have them at home.

Some parents are convinced that their tween or teen is going crazy and to be honest, they are. A series of chemical and psychological changes are going on with your older child, resulting in some dramatic and stunning behavior changes. Combining video clips, humor and exercises, this workshop will shed some light on what's happening with your children 10 and up and offer some simple and effective strategies that can be implemented immediately and will give parents instant results!

Youth Resiliency Matters. Tamra Jurgemeyer

Young Women's Resource Center (YWRC) specifically focused on researching and developing an inclusive youth-tailored tool that could measure change in resiliency over time. Research focused on identifying key components that build resiliency and integrated findings into a Resiliency Survey being utilized agency-wide. The YWRC has started to utilize these results with staff to be increasingly responsive in the development of resiliency skill building components into program curriculum for continuous quality improvement. Through the research, it was determined that YWRC needed to also develop a separate youth-tailored tool to capture a baseline for trauma history of clients served. The Youth Experience Survey was designed which specifically takes into account youth mental and emotional capacity and is written at a fifth grade reading level. In addition to ensuring the questions were age appropriate for youth, YWRC also included additional childhood stressors to the survey based on research conducted. Building protective factors for clients in key settings like schools and homes will take a community effort. YWRC would like to share the results of research, survey tools and lessons learned with the community in an effort to further collaborate and improve tracking for other local organizations.

After School STEM Programming. Emily Smith

During the session, attendees will participate in a Robotics course! This session will mimic what can be done with students from ages K – 8th grades in an after school setting. Participants will work together to build, program and bring to life their very own Lego® Robot. All the while, they will learn STEM vocabulary, foster friendships, work as a team and HAVE FUN!

Beyond the Read Aloud: A 21st Century Skills Approach to Literacy. Mallory Riesberg

This session will explore the continued importance of literacy for the success of youth in today's world as well as expanding on a common approach to literacy in the OST setting. Beyond the Read Aloud will focus on using the practice of read alouds to spark the curiosity contained within each youth. A traditional read aloud approach will be flipped to demonstrate how the use of a 21st Century skills based approach can engage even the most resistant reader to make reading come alive and become an active and engaging activity.

Closing Plenary

Reigniting the Passion in Your Work. Bill Corbett

This inspiring keynote presentation offers a unique perspective for each professional to see how valuable their life and their work is, and encourages them not to give up. It also offers some easy-to-implement techniques for re-igniting the passion they once had when they chose this career.

Questions?

Contact Michelle Rich at mrich@sppg.com

